Snoring and Sleep Apnea, a Public Health Crisis for 20 Million Americans

Approximately 20 million undiagnosed people in the United States suffer from chronic snoring and sleep apnea. Both snoring and sleep apnea can have fatal outcomes. Signs and common symptoms of sleep apnea include coronary artery disease, diabetes, high blood pressure, erectile dysfunction, and depression. Side effects such as daytime drowsiness and dozing off can also be deadly for machinery operators, drivers, pilots, passengers and others.

Dr. Binder has recognized the enormity of this public health crisis for over 20 years and is at the forefront of sleep apnea treatment and diagnosis. 

Dr. Binder says, “It’s a privilege to offer Oral Appliance Therapy to patients who previously suffered from these not-so-silent afflictions. The appreciation shown by those patients whose lives have been dramatically improved by Oral Appliance Therapy is quite gratifying.”

Dr. Binder brings awareness to the public about dentistry’s role in recognition and treatment of snoring and Sleep Apnea. In an effort to help more people who suffer from obstructive sleep apnea (OSA), Dr. Binder, lectures on the topic of Snoring and Sleep Apnea. He has also expanded his practice to include Dental Sleep Apnea New York, a snoring and obstructive sleep apnea treatment center located in mid-Manhattan, New York.

Dental Sleep Apnea New York provides advanced diagnosis and treatment focused on OSA and the latest oral appliance therapy (OAT) technologies. Dr. Binder is a Platinum Partner of SomnoMed and one of the few dentists in the United States using SomnoMed MATRx™, a new technology that enables a sleep laboratory to predict a patient’s jaw position that obstructs breathing during sleep and is the cause of Obstructed Sleep Apnea, the most common cause of sleep apnea.

SomnoDent is an oral appliance worn during sleep. The appliance is comfortable and discrete, allowing patients to close their lips. SomnoDent can be used by patients with teeth or denture wearers who are missing upper and/or lower teeth.

Dr. Binder's website (http://www.DentalSleepApneaNY.com) addresses the issues of snoring and obstructive sleep apnea, related sleeping disorders, and oral appliance therapy.

With over 25 years practicing general dentistry and teaching for 23 of them, Dr. Binder is well qualified. Dr. Binder's sleep center affiliations include Mount Sinai Medical Center, Department of Sleep Disorders and NYU Bellevue Sleep Disorders Centers. At New York University College of Dentistry, Dr. Binder taught dentists oral appliance therapy. Dr. Binder, “The Manhattan Dentist,” received the Humanitarian Award from the New York Academy of Dentistry, for
improving the lives of New Yorkers and for his work in helping to identify victims of the 9/11 attacks.

For more information, please visit http://www.DentalSleepApneaNY.com.

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